

## Questions to consider when choosing a manual handling instructor course

Question	Alistair Bromhead's response
Is the qualification nationally recognised?	The City & Guilds Certificate in Manual Handling Train the Trainer is a nationally recognised qualification and Alistair Bromhead Ltd is the only training provider able to offer the course
Is the use of the qualification restricted?	Some courses state that certification only applies to the company with which delegates are currently employed.  The City & Guilds Certificate remains valid if you change employers and is also used by consultants when training handlers for a variety of clients
Does the qualification expire?	Some courses require that you undertake a refresher every 1, 2 or 3 years.  The City & Guilds Certificate does not have an expiry date. Therefore, it is up to you to judge when a refresher course is required. This judgement is likely to be affected by issues such as how often you are running the course, the degree of change in your business and the speed of changes to legislation and best practice.
Do you know who the trainer is?	Is it pot-luck who you get on the day? Alistair either delivers the City & Guilds course personally or uses 4 other presenters that have undergone extensive training. For open courses, the trainer is indicated on the course web page next to the venue. For in-house courses, Alistair will suggest at trainer based upon the needs of the client
Does the trainer have suitable health and safety credentials as well as practical experience?	Alistair is CMIOSH (Chartered Member of the Institute of Occupational Safety and Health) registered which attests to the demonstration of the competence demanded of professionals in health and safety management. He has been working with commercial businesses for the past 15 years. The 4 other trainers that he uses, have health and safety qualifications along with many years practical and training experience each
Does the trainer have good training experience?	Alistair Bromhead and the 4 trainers working with him, all have over 15 years training experience

<p>What is the maximum group size?</p>	<p>In order to get the most out of a training course, it is essential that it is an interactive and hands-on experience and this requires a small and interactive group. Alistair Bromhead limits the number of participants to a maximum of 12.</p>
<p>Do participants receive CD based copies of presentations which they can adapt and use for their own training?</p>	<p>Some courses give limited course material to participants and put restrictions on its use. Alternatively, they charge extra for the provision of all of the material which a trainer requires.</p> <p>Alistair Bromhead provides a comprehensive instructor pack with everything a trainer needs to run their own successful sessions, such as lesson plans and Powerpoint presentations on CD.</p>
<p>How long is the course?</p>	<p>The City &amp; Guilds course lasts for 2 days. This enables sufficient time to cover the main issues at a reasonable pace along with plenty of opportunity for practice and interaction.</p> <p>Some courses run for 4 or 5 days and these will typically have similar content but with lots of repetition of certain exercises &amp;/or padding. Naturally, it is often a struggle to secure a week away from work and the course price will be significantly higher.</p> <p>Some courses last for just one day, but experience suggests that this will not equip you sufficiently to run your own course.</p>
<p>We have run manual handling training before with limited effect. Why should results be any better after undertaking the City &amp; Guilds course?</p>	<p>The City &amp; Guilds course recognises that it is no use adopting traditional training approaches such as:</p> <ul style="list-style-type: none"> <li>• Plonking participants in front of a video</li> <li>• Simply showing them how to lift a box.</li> <li>• Telling them they need to handle items differently because the company says so</li> </ul> <p>The course concentrates on equipping trainers with a range of techniques to raise personal interest in participants and to give them an incentive to integrate sound handling principles into their daily lives. Only through generating motivation and encouraging participation can a course hope to achieve real change.</p>

Does the course have a good track record - with positive feedback from past attendees?	To see comments from past attendees and a list of past and current clients, <a href="#">click here</a>
Does the course tutor assess the participants before certification?	<p>If you are seeking a qualification which attests to your competence, it is pointless undertaking a course which simply issues a certificate of attendance or allows you to assess whether or not you have passed!</p> <p>In order to pass the City &amp; Guilds Certificate in Manual Handling, all participants will need to pass a multiple choice test and an assessed presentation.</p>

[City & Guilds Manual Handling Train the Trainer course page](#)